

### PURPOSE OF THE SEMINAR

Some years ago our association began to organize classes and seminars about "Health care & Well being". These appointments, thanks to meetings with experts of Oriental Therapies, intend to increase student's interest in the knowledge of his/her own body under an "holistic" point of view, that is to provide to everybody the means for the realization of a project linked to growth of healthy and spiritual well-being where all elements are closely related to each other in an inseparably functional process.

Focusing the interest on the possibility of entering in the universal body culture and consciousness, every seminar we are going to plan, wants to be a piece of conjunction between each other different experience, wishing it was useful.

Hoping to suit your interest, there's no challenge without an own growth process.

### BRIEF DESCRIPTION OF DR. WANG ZHI XIANG

Dr. Wang Zhi Xiang lives and works in Shanghai, native city, where he applies for the spread of his knowledge. Graduated in his hometown, he specialized under the teachings of Dr. Lee Yan Fong, the first student of Dr. Lu Shou Yan. This one was the highest authority living in Chinese Republic, authorized to train the new Doctors specialized in TCM after the Cultural Revolution. His students (of Dr. Lu Shou Yan) cooperated in the implementation of the texts authorized to train specialists in the study of TCM and in its use in nowadays China. His manual ability and touch, the prerogative of few ones, is extraordinary and it's characterized by the capacity to combine the manual technique in conjunction with energy work. His competence e natural aptitude reveal a profound action on the patients and their quality of life.

Expert of Eastern philosophical culture, Dr. Wang Zhi Xiang is reputed a fine calligrapher, a famous master of the Eastern disciplines such as Qi Gong (therapeutic one and martial one), the Taiji Quan (Yang and Wu) and Xing Yi Chuan.

Thanks to the virtue of its prestigious teachers and due to the degree of knowledge gained, he enjoys respect and consideration in specific environments.

In Ticino, twice a year to encourage continuity and growth, Dr. Wang Zhi Xiang takes a program class, starting with the practice of internal Qigong Works (specific for therapists), he's continuing with medical treatment materials (Traditional Chinese Medicine ,Tui Na Therapy) and he's going on with the experience of the discipline of Taiji Quan, after that.

The whole program is open to amateurs, experts, or professionals (doctors and therapists).

### PROGRAM

Tui Na: Traditional Chinese massage and Therapeutic principles; The theory of Yin-Yang and application of five elements theory; The main channels, their classification and vital functions; Pathogens, the interrelationship between organs and viscera; manipulation techniques.

The seminar will cover two days, in order to better define the characteristics of the Tui Na discipline. During the first day we will study the basic principles, techniques and actions, and how the medical culture is applied to therapy. The second day will be dedicated to some specific issues arising from classical trauma or linked to own postural scheme. We will comprehend how an action is linked to any kind of intervention, what the physiology anatomy of acupoints is and the techniques of mobilization.

Thanks to the contribution of older students, the program is suitable for all levels of practice.

# CHINESE MEDICINE AND NEIGONG TUINA'S SEMINAR

Held by

## Dr. Wang Zhi Xiang



**TMC & Acuponture: 25/26 March 2017**

**Neigong Tuina: 29/30 April 2017**

reservation & registration:

IACMA

via Sonvico 9 Lugano Resega

tel.: +41 91 - 941 78 66

e-mail: [segreteria@iacma.com](mailto:segreteria@iacma.com)

**PARTICIPATION FEES**

**A. THERAPEUTIC QIGONG**

Friday 21<sup>st</sup> March 2017; 2:00 - 5:00 pm

Friday 28<sup>th</sup> April 2017; 2:00 - 5:00 pm

**Fr. 50.00 (1 meeting)                      Fr. 90.00 (2 meetings)**

**B. TRADITIONAL CHINESE MEDICINE -ACUPONTURE**

Saturday 25<sup>th</sup> March 2017: 09.00-12:30 a.m. / 1:30-6:00 p.m.

Sunday 26<sup>th</sup> March 2017: 09.00-12:30 a.m. / 1:30-6:00 p.m.

**Fr. 130.00 (1 day)                      Fr. 240.00 (Week-end)**

**C. NEIGONG TUINA**

Saturday 29<sup>st</sup> April 2017: 9.30-12:30 a.m./ 2:00-5:00 p.m.

Sunday 30<sup>th</sup> April 2017: 9.30-12:30 a.m./ 2:00-5:00 p.m.

**Fr. 110.00 (1 day)                      Fr. 200.00 (Week-end)**

**D. THERAPEUTIC CONSULTATION: DIAGNOSIS & THERAPY**

From 17<sup>th</sup> March to 30<sup>th</sup> April 2017;

**by reservation with IACMA's secretary**

**Fr. 100.00 (1<sup>st</sup> therapy)                      Fr. 80.00 (following appointments)**

**REGISTRATION FORM**

(fill the blanks)

Name & Surname: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Cap.: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

e-mail: \_\_\_\_\_

N° IACMA CARD: \_\_\_\_\_

**QUOTA (registered)**

**QUOTA (no registered)**

**OPTIONS - MARK THE BOX DO YOU PREFER**

**A     Fr. 50.00**

**Fr. 90.00**

**B     Fr. 130.00**

**Fr. 240.00**

**C     Fr. 110.00**

**Fr. 200.00**

**D     Fr. 100.00**

**Fr. 80.00**

**TOTAL AMOUNT: Fr:.....**

**Signature of agreement: \_\_\_\_\_**

**N.B.: By sign this form you accept the participation conditions and to pay the full amount indicated.**

**TERMS, CONDITIONS AND ADDITIONAL NOTES:**

1. All applications for membership must be written and submitted, using the specific form, attaching a copy of the **payment, in cash (c/o IACMA office), or by bank transfer to: IACMA - Via Sonvico 9 — CH 6952 Canobbio**

**Bank Account: IBAN: CH94 0900 0000 8431 9113 0  
BIC: POFICHBEXXX**

2. Due to organizational reasons, the fee must be paid entirely **one week before the event**, directly to IACMA Center, or using the bank account indicated below.
3. **Afterward , the registration fee should be increased by 10%**
4. The organization accepts no liability for who do not have RC insurance coverage for risk and accident. All participants are invited to provide their coverage.
5. **No request of refunding will be accepted in case of withdrawal.**
6. Now video are allowed during the seminar.
7. There's a certificate of practice issued by Dr. Wang Zhi Xiang and IACMA for all participants in the seminar.
8. Each IACMA member has to bring with him/her the IACMA card, endorsed by the year 2016.